

**SOUTHAM UNITED FOOTBALL CLUB
GUIDANCE FOR TRAINING & MATCHES
ON JUNIOR PITCHES**

This document is intended for coaches / parents / players / match officials / other visitors involved with training or matches on our junior pitches.

These guidelines must be emailed to parents and all visiting teams prior to matchday.

Please study carefully and abide by these guidelines.

PRE-ATTENDANCE

Anyone intending to visit Southam United must undergo a self-assessment for any COVID-19 symptoms before travelling to the ground.

No one should leave home to participate / attend if they, or someone they live with, has symptoms of COVID-19 currently recognised as any of the following:

- A high temperature**
- A new, continuous cough**
- A loss of, or change to, their sense of smell or taste**

Should an individual have demonstrated any such symptoms, they must follow NHS and PHE guidance on self-isolation.

Please advise your Southam United contact as soon as possible of the non-attendance for this reason.

TRAVEL TO VENUE

Participants are encouraged to follow best practice for travel including minimizing the use of public transport and minimizing the use of car sharing. People from a household or support bubble can travel together in a vehicle but please limit the number of non-participants if you are able to do so.

Parking will be at Bobby Hancocks Park, entrance off Lark Road; please then walk through to the junior pitches.

Maintain social distancing at all times and give right of way to anyone exiting from the junior area.

AT THE VENUE

Please ensure participants arrived changed and ready to go upon arrival complete with their own water bottles and hand sanitiser.

Please limit the time spent congregating at the venue before / after activities. As part of this, kick off times for matches on the same pitch should be well staggered to prevent unnecessary mingling.

PARTICIPANTS SHOULD SOCIALLY DISTANCE whilst waiting to train, play, during breaks in play, etc..

SPECTATORS should socially distance at all times with "bubbles" of no more than 6 persons.

Please depart as soon as possible at the end of the activity.

CLUBHOUSE NOT IN USE

The clubhouse will not be in general use, other than for coaches access to goal nets, equipment, etc.. Coaches should lock the clubhouse after each use to prevent unauthorised access.

This means there are NO toilet or refreshment facilities until further notice.

DURING MATCHES / TRAINING

Coaches must sanitise balls and other equipment prior to useage and at regular intervals, including at the end of the activity.

Players and officials should sanitise hands before and after each session / match and at scheduled breaks.

Ball handling should be kept to a minimum with most contact via a boot. Balls should be disinfected regularly.

Goalkeepers should disinfect their gloves before and after each session / match and at scheduled breaks.

Match Officials - flag should be sanitised before and after each game and at half time. Please also consider the payment of match fees by bank transfer.

Equipment sharing will be limited as far as practicable.

Whilst "contact" is allowed during activities / drills / games / etc., social distancing should be maintained when possible, including during breaks and at the end of the day.

There must be NO pre-activity handshakes, high fives, huddles, scoring celebrations or face to face confrontations.

All participants should avoid shouting or raising their voices when facing each other during, before and after activities.

Coaches will, as far as practicable, maintain social distancing during the activities.

Participants should refrain from spitting or rinsing out their mouths on or around the playing area.

Players should bring their own clearly labeled water bottles and hand sanitiser and must not share with others.

Treatment of any injuries to participants by coaches will be permitted as participant wellbeing is utmost. The coaches will maintain their own rigorous cleaning, personal hygiene and regular hand hygiene at all times and wear face masks when undertaking treatment.

After contact with an injured participant, the coach will hand sanitise at the earliest opportunity.

The coaches will keep a record of each participant they have treated for track and trace purposes.

All teams using the venue must designate a person to keep a record of persons participating / attending for track and trace purposes.

FOR VISITING TEAMS - it is your responsibility for ensuring the provision of cleaning / sanitizing materials for your team(s).

Thank you in advance for abiding by these guidelines and above all ENJOY YOUR FOOTBALL SAFELY.

**Southam United Football Club
12th August 2020**